

NAME: _____

WORKING WITH COMPUTERS PRESENTATION

The following information must be included in your presentation (use graphics to help illustrate your text).

Health and Safety with Computers

Describe what safe practices you should follow while using ICT and why it is important. Comment on each of the following:

Hazards - tripping over cables and bags, no food or drink	
Seating – What way should you sit? Adjustable chair etc.	
Monitor – Tilt to stop glare, arm's length etc.	
Eyes – breaks, blink regularly, below top of monitor	
RSI - What is it and how do you avoid it.	

Your powerpoint presentation **must** include the following:

Animations	
Transitions	
Background designs	
Video	
Pictures	